

# Reminders for ROSH CHODESH

by Torah-Box !

Rosh Chodesh means « the head of the month ». We celebrate the beginning of a new lunar month for one or two days every month.

The Torah-Box team presents you with some crucial elements to remember on Rosh Chodesh:

## PRAYERS

- In each of the three Amida prayers, we insert the passage "Yaalei V'yavo" (beginning with the prayer of Arvit until the prayer of Mincha on the last day of Rosh Chodesh.).
- Vidui and Tachanunim (supplications) are not recited from the day before Rosh Chodesh.
- During the morning prayer, we recite a shortened Hallel.
- Reading of the Torah: 4 people are called to "go up" and read Parshat Pinchas.
- After the morning prayer, we add the prayer of Musaf (women are not required).
- After Musaf, we recite Tehilim 104.
- After a meal of bread or a snack of at least 27 grams of cakes: insert the passage concerning Rosh Chodesh in Birkat Hamazon.



## CUSTOMS

- One does not fast on Rosh Chodesh, even if one intends to fast for only a few hours.
- Sometimes, Rosh Chodesh lasts for two days. In this case, all the aforementioned laws are valid for the two days of Rosh Chodesh.
- On Rosh Chodesh, it is good to make meals accompanied by bread to honor the holiness of the day.
- On the evening of Rosh Chodesh, it is good to light a candle (without a blessing) in honor of Tzadikim, so that their merit protects us, Amen.



## FORGOTTEN PASSAGES IN PRAYER

### 1 'AMIDA-YAALEI V'YAVO

Whoever forgets Yaalei V'yavo in the Amida, whether man or woman, must do as followed:

- If you have already completed the Amida (even if in doubt) :  
—> Repeat the Amida from the beginning (except the Amida of Arvit).
- If you remember after saying "Hamachazir Shechinato Letzion" and before "Modim" :  
—> Recite "Yaalei V'yavo" and then start "Modim".
- If you have passed the passage "Modim" :  
—> Return to the passage of "Retzei".
- If you have already said the 2nd and last "Yih'yu leratson" :  
—> Repeat the Amida from the beginning.

### 2 BIRKAT HAMAZON-YAALEI V'VAYO

Whoever forgets to say Yaalei V'yavo in Birkat Hamazon on Rosh Chodesh must do as followed:

- If you remember after saying "Baruch Ata Hashem" of the blessing of "Bonei Yerushalayim" :  
—> End the blessing as usual, by saying "Bonei Yerushalayim"  
—> Then say (before starting the next blessing): Baruch Shenatan Roshei Chadashim Le'amo Yisrael, Lezikaron. Baruch Mekadesh Yisrael Verashei Chadashim.
- If you remember it after saying "Baruch Ata Hashem" of the following blessing (Hatov Vehemetiv):  
—> Then finish the Birkat Hamazon without repeating it.

### 3 MEIN SHALOSH

Whoever forgets to say the passage concerning Rosh Chodesh in blessing of "Mein Shalosh" should do as follows:

- If you did not pronounce the name of G-d in the blessing "Al Haaretz" :  
—> Then go back to the passage of Rosh Chodesh.
- If you have already pronounced the name of G-d in the blessing "Al Haaretz" :  
—> We still do not repeat the blessing.

