

List of Blessings

The Torah-Box team presents you with a beautiful list of blessings that our Sages have instituted to be recited on different occasions.

The laws that govern them are numerous: and they must be recited conscientiously, without omitting a word and each letter must be pronounced distinctly. Although it is permissible to recite them in all languages, it is very meritorious to recite them in Hebrew, even if we do not read Hebrew (recited by means of a phonetic transcription).

ON EATING:

BEFORE EATING BREAD

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם מִן הָאָרֶץ

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Hamotzi Lechem Min Ha'aretz.

Blessed are You, Hashem, our G-d, King of the Universe, who made bread come forth from the ground.

BEFORE EATING A GRAIN-BASED OR RICE-BASED FOOD

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא מִיְּדֵי מְזוֹנוֹת

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Borei Minei Mezonot.

Blessed are You, Hashem, our G-d, King of the Universe, who created all kinds of food.

BEFORE CONSUMING WINE OF GRAPE JUICE

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרִי הַגֶּפֶן

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Borei Peri Hagafen.

Blessed are You, Hashem, our G-d, King of the Universe, who created fruit from the vineyard.

BEFORE EATING FRUIT FROM A TREE

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרִי הָעֵץ

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Borei Peri Haeitz.

Blessed are You, Hashem, our G-d, King of the Universe, who created the fruit of the tree.

BEFORE EATING A PRODUCT FROM THE EARTH

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרִי הָאֲדָמָה

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Borei Peri Hoadama.

Blessed are You, Hashem, our G-d, King of the Universe, who created the fruit of the earth.

BEFORE EATING ANY FOOD THAT DOES NOT COME FROM A TREE NOR FROM THE EARTH,
AND BEFORE ANY DRINK (except wine and grape juice)

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהַכֹּל נִהְיָה בְּדִבְרֵךְ

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Shehakol Nihiyah Bidvaro.

Blessed are You, Hashem, our G-d, King of the Universe, that everything comes into existence through Your word.



ON SEEING:

SEEING AT LEAST 600,000 JEWS IN THE SAME PLACE IN ISRAEL

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם חָכֵם הָרָזִים

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Chacham Harozim.

Blessed are You, Hashem, our G-d, King of the Universe, You whose wisdom penetrates secrets.

SEEING THE TEMPLE OF JERUSALEM OR A RESTORED SYNAGOGUE

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם מְצִיב גְּבוּל אֶלְמָנָה

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Matzil Gevul Almna

Blessed are You, Hashem, our G-d, King of the Universe, who re-establishes the widow's territory.

ON SEEING A PLACE WHERE THE PEOPLE OF ISRAEL BENEFITTED FROM A MIRACLE

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשָׂה נִסִּים לְאַבוֹתֵינוּ בְּמָקוֹם הַזֶּה

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Sheasa Nissim L'avoseinu Bemakom Hazeh.

Blessed are You, Hashem, our G-d, King of the Universe, who performed miracles for our ancestors in this place.

UPON SEEING BEAUTIFUL TREES, BEAUTIFUL ANIMALS, AND HANDSOME PEOPLE

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁכָּכָה לוֹ בְּעוֹלָמוֹ

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Shecacha Lo Beolamo

Blessed are You, Hashem, our G-d, King of the Universe, who has such things in His world.

ON SEEING AN ABNORMALLY FORMED PERSON

(colour, size, physical appearance...)

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם מְשַׁנֵּה הַבְּרִיּוֹת

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam, Meshane Habrriot

Blessed are You, Hashem, our G-d, King of the Universe, who diversifies his creatures.

ON SEEING A JEWISH CEMETERY

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר יָצַר אֶתְכֶם בְּדִין,

וְזָן וְכִלְכַּל אֶתְכֶם בְּדִין, וְהֵמִית אֶתְכֶם בְּדִין,

וְיֹדַע מִסְפַּר כָּלְכֶם בְּדִין,

וְהוּא עֲתִיד לְהַחְיֹתְכֶם וּלְקַיֵּם אֶתְכֶם בְּדִין.

בָּרוּךְ אַתָּה ה', מְחַיֶּה הַמֵּתִים.

Baruch Ata Adon-Ain Elo-Heinu Melech Haolam Asher Yatzar Etchem Badin,
Vezane Vekalkel Etchem Badin, Vehmite Etchem Badin, Vetodea Mispar Kulchem Badin,
Vehu Atid Leahyotchem Velekyem Etchem Badin.

Baruch Ata Adon-Ai Mechayeh Hametim.

Blessed are you Hashem our G-d King of the Universe who has formed you with justice,

who nourished you and sustained you with righteousness,

who put you to death with justice, who knows the number of you all with justice,

who will resurrect you and bring you back to existence with justice.

Blessed You are Hashem, who raises the dead.

UPON SEEING LIGHTING, SHOOTING STARS, AND HIGH MOUNTAINS

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם עֹשֶׂה מַעֲשֵׂה בְּרָאשִׁית

Baruch Ata Adon-Ai Elo-Heinu Melech Haolamoseh Maaseh Bereishit

Blessed are You, Hashem, our G-d, King of the Universe, who performs deeds of creation.



ON SEEING:

ON SEEING THE MEDITERRANEAN SEA

ברוך אתה הי אלהינו מלך העולם עשה את הים הגדול
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Oseh Et Hayam Hagadol
Blessed are You, Hashem, our G-d, King of the Universe, who created the Ocean.

ON SEEING A RAINBOW

ברוך אתה הי אלהינו מלך העולם זוכר הבְּרִית וְנֶאֱמָן בְּבְרִיתוֹ וְקִים בְּמַאֲמָרוֹ
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Zoche Habrit
Veneman Berito Vekayam Bemamoro
*Blessed are You, Hashem, our G-d, King of the Universe, who remembers His allegiance,
remains loyal to it, and fulfils His promise.*

ON SEEING THE APPEARANCE OF FRUIT TREES BLOSSOMING DURING THE MONTH OF NISSAN

ברוך אתה הי אלהינו מלך העולם שלא חסר בעולמו
כלום ובָּרָא בו בְּרִיּוֹת טוֹבוֹת וְאֵילָנוֹת טוֹבוֹת וְנָאוֹת כִּדִּי לִיהֲנוֹת בָּהֶם בְּנֵי אָדָם
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Shelo Chiser Beolamo Devar Uvara
Vo Briot Tovot Veilanot Tovim Leheanot Bahem Benei Adam.
*Blessed are You, Hashem, our G-d, King of the Universe, who did not omit anything in
His world and created good creatures and good trees for man's benefit.*

ON SEEING A GREAT TORAH SCHOLAR

ברוך אתה הי אלהינו מלך העולם שֶׁחֵלַק מִחֻכְמָתוֹ לִירְאָיו
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Shecholak Michvodo Leyireav
*Blessed are You, Hashem, our G-d, King of the Universe, who shared His
glory with those who fear Him*

ON SEEING AN EMINENT NON-JEWISH SAGE

ברוך אתה הי אלהינו מלך העולם שֶׁנָּתַן מִחֻכְמָתוֹ לִבְשָׁר וָדָם
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Shenotan Michvodo Lebasar Vedam
Blessed are You, Hashem, our G-d, King of the Universe, who gave of his glory to flesh and blood.

ON SEEING A JEWISH KING

ברוך אתה הי אלהינו מלך העולם שֶׁחֵלַק מִמְּבוֹדוֹ לִירְאָיו
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Shecholak Michvodo Leyireav
Blessed are You, Hashem, our G-d, King of the Universe, who shared His glory with those who fear Him

ON SEEING A NON-JEWISH KING

ברוך אתה הי אלהינו מלך העולם שֶׁנָּתַן מִמְּבוֹדוֹ לִבְשָׁר וָדָם
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Shenotan Michvodo Lebasar Vedam
Blessed are You, Hashem, our G-d, King of the Universe, who gave of his glory to flesh and blood.



UPON HEARING:

UPON HEARING A ROLE OF THUNDER

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁכּוּחוֹ וְגִבּוֹרָתוֹ מְלֵא עוֹלָם

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam

Shechocho Ugevurato Molei Olam

*Blessed are You, Hashem, our G-d, King of the Universe,
whose force and power fills the world.*

ON SMELLING:

BEFORE INHALING A PERFUME THAT DOES NOT COME FROM THE VEGETABLE KINGDOM, NOR FROM A MIXTURE

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא מִיְּנֵי בָשָׂמִים

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Borei Minei Bessamim

Blessed are You, Hashem, our G-d, King of the Universe, who created all kinds of spices

BEFORE INHALING A FRAGRANCE THAT COMES FROM AN AROMATIC SHRUB OR ITS FLOWER

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא עֲצֵי בָשָׂמִים

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Borei Atzei Bessamim

Blessed are You, Hashem, our G-d, King of the Universe, who creates aromatic trees

BEFORE INHALING A FRAGRANCE THAT COMES FROM AN AROMATIC HERB

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא עֲשָׂבִי בָשָׂמִים

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Boeri Isvei Besamim

Blessed are You, Hashem, our G-d, King of the Universe, who creates aromatic herbs

BEFORE INHALING THE FRAGRANCE OF AN ODORIFEROUS FRUIT

(One should preferably not smell an Etrog)

בָּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַנּוֹתֵן רִיחַ טוֹב בִּפְרוֹת

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Hanotein Reich Tov Baperot

Blessed are You, Hashem, our G-d, King of the Universe, who gives a good smell to fruit



SPECIFIC BLESSINGS:

- BEFORE PUTTING ON A NEW GARMENT FOR THE FIRST TIME
 - BEFORE EATING A NEW SEASONAL FRUIT
 - AT AN INAUGURATING FOR A NEW HOME
- FOR THE BIRTH OF A GIRL (*According to some opinions*)

ברוך אתה הי אלהינו מלך העולם שהחינו וקיימנו והגיענו לזמן הזה
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Shehechiyanu
Veyiyemanu Vehigiyanu Lazman Hazeh.

Blessed are You, Hashem, our G-d, King of the Universe, who keeps us alive, sustains us, and allowed us to reach this point.

WHEN BUILDING A MAAKEH (*Banister, railing*)

ברוך אתה הי אלהינו מלך העולם אשר קדשנו במצותיו וצונו לעשות מצות
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Asher Kideshanu
Bemitzvotav Vetzivanu Lasot Maakeh

Blessed are You, Hashem, our G-d, King of the Universe, who sanctified us with His commandments and commanded us to build a fence.

BEFORE PLACING A MEZUZAH AT THE ENTRANCE TO ONE'S HOME

ברוך אתה הי אלהינו מלך העולם אשר קדשנו במצותיו וצונו לקבוע מזוזה
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Asher
Kideshanu Bemitzvotav Vetzivanu Likvoa Mezuzah

Blessed are You, Hashem, our G-d, King of the Universe, who sanctified us with His commandments and commanded us to fix a mezuzah.

BEFORE TAKING CHALLA

(Of a dough that is at least 1,560 g, and without blessing from 1,200 g)

ברוך אתה הי אלהינו מלך העולם אשר קדשנו במצותיו וצונו להפריש חלה מן העיסה
Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Asher Kideshanu
Bemitzvotav Vetzivanu Lehafrish Challa Min Haissa.

Blessed are You, Hashem, our G-d, King of the Universe, who sanctified us with His commandments and commanded us to take Challa from dough.

UPON HEARING ABOUT A DEATH (*For those affected by the bereavement*)

ברוך אתה הי אלהינו מלך העולם דיין האמת

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Baruch Dayan Emet
Blessed are You, Hashem, our G-d, King of the Universe, Judge of Truth

- WHEN ACQUIRING A NEW OBJECT OR UPON A HAPPY EVENT
 - GIVING SATISFACTION TO MANY PEOPLE

ברוך אתה הי אלהינו מלך העולם הטוב והמטיב

Baruch Ata Adon-Ai Elo-Heinu Melech Haolam Hatov Vehameitiv

Blessed are You, Hashem, our G-d, King of the Universe, who is good and benevolent

