

# THE SEDER OF TU B'SHVAT

Tu B'Shvat means « the 15th (of the month) of Shvat », and it is the “New Year for the trees”. It is the time when the sap moves up the tree before spring. The Torah praises the land of Israel for its fruits, which proves their importance: “A land of wheat and barley, and vines and fig-trees and pomegranates; a land of olive-trees and honey.” (*Devarim 8.8*)

*It is customary to eat fruits in a specific order on this day. Torah-Box will help you to discover the “Seder of Tu B'Shvat”.*

## 1 Wheat חיטה (as a cake)

**Segula:** Intelligence and material success

*Before eating we recite: Baruch ata Adonai, Eloheinu melech haolam, borei minei mezonot.*

## 7 Pomegranate רימון

**Segula:** To protect one's mouth from gossiping.

## 2 Barley שעורה (as cake)

**Segula:** Shalom Bayit

## 3 Olive זית

**Segula:**

Having righteous children

**Before eating recite:**

*Baruch ata Ado-nai, Elo-heinu melech haolam, borei peri haeitz*

## 6 Fig תאנה

**Segula:** To acquire patience.

## 5 Grapes גפן

**Segula:** Finding a soulmate

*Before drinking wine or grape juice we say:*

*Baruch ata Adonai eloheinu melech haolam borei peri hagofen.*

## 4 Date תמר

**Segula:**  
Health

## 8 After eating these fruits, we eat other fruits in whichever order we want.

*Before eating a fruit from the ground, (banana, melon...) we say:*

*Baruch ata Ado-nai Elo-heinu melech haolam borei peri haadama.*

### \*A New Fruit

*If we eat a new fruit from that year's harvest, we recite the blessing of Shehechyanu.*

*Baruch ata Adonai eloheinu melech ha'olam shehechyanu vekiyemanu vehigianu lazman hazeh.*

